

# MOVEMENT MONDAY

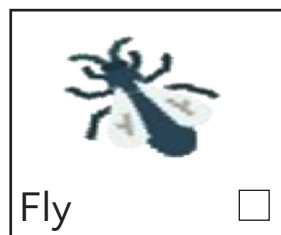
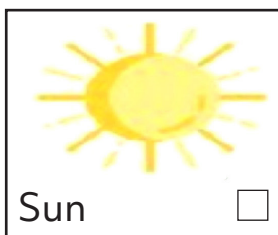
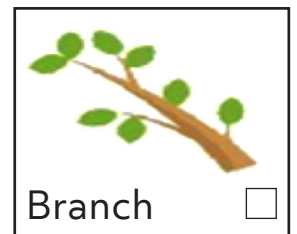
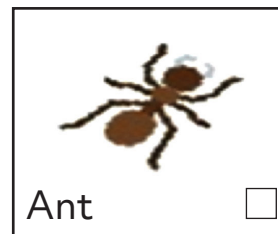
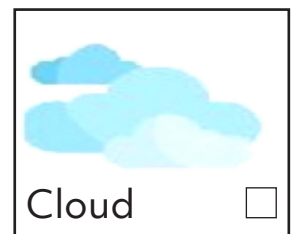
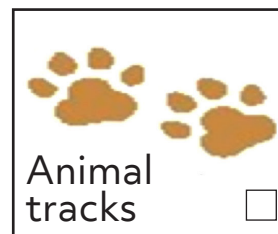
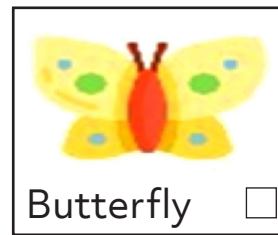
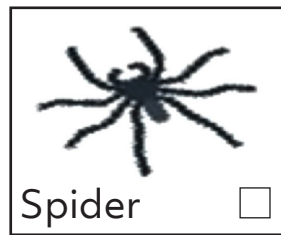
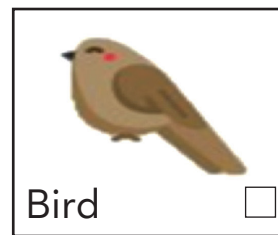
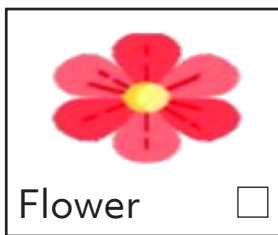
## Family Adventure



Foundation

If it is safe for you to do so, go for a walk in the park with your family. Can you find the following items?

Tick them off as you find them.



LET THEM PLAY